"The steps of a good man are ordered by the LORD: and he delighteth in his way. Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand." (Psalm 37:23-24)

Earlier this month I did something I have not done in 28 years of meetings—I missed one. The lady in charge of the Bible study group had talked with me about two dates. We chose one, and then changed it to a week earlier. I wrote it down correctly in my date book, but wrote the original date (a week later) on my desk calendar. I discovered the error when I went to confirm the meeting. Oops!! She was very gracious when I called, and invited me to come the following week. It was good to meet with these ladies and share their concerns, as well as to report on what happened in the clinic ministry this past year.

As I thought about how to best handle this situation, or any other where I am wrong, the following steps came to mind. First, say, "I'm sorry (or "I'm very/really/so sorry if it created major work or inconvenience for someone). Next, get up and get over it (enough obsessing already). And then, get on with the next job.

At this Thanksgiving time I am grateful for those who have kindly forgiven me and helped me up after a fall, dusted me off and encouraged me to get back to work. They reflect the astounding graciousness of my Heavenly Father who, after pulling me out of the slimy pit of sin and cleaning me thoroughly and forgiving me through Jesus Christ, continues to provide daily cleansing and encouragement. This gives cause for giving thanks no matter what our circumstances.

Have a blessed and grateful Thanksgiving Day!

Dr. anne